

Diabetes Management Bundle

Diet	1800 C/day ADA	2000 C/day ADA	Tube Feeds: _____
	Other: _____		Free Water: _____
	Consult Diabetes Educator/Clinical Nutrition		NPO

Glucose Monitoring	AC and HS (pt. taking PO)		Tube feeds: Bolus ó check 30 minutes before feed Continuous ó check every 6 hours
	Q 6 H (pt. NPO)	Q 4 H	
	Q 12 H		
	Additional check at 0300 for 3 daysô Do not cover with sliding scale insulin		
	Additional check at 2 hours postprandial for 3 daysô Do not cover with sliding scale insulin		

*Order STAT serum sample for lab to verify if glucose meter result is < 40 or > 400 mg/dL

Lab	Hemoglobin A1C with next ordered lab draw	Fasting lipid panel in AM
------------	---	---------------------------

Type of Insulin (choose one): Novolog (Aspart) Novolin R (Regular)

Sliding Scale	<input type="checkbox"/> Standard		<input type="checkbox"/> ESRD	
	< 60	See hypoglycemia protocol	< 60	See hypoglycemia protocol
	61-150	No insulin	61-200	No Insulin
	151-200	3 units SQ	201-250	2 units SQ
	201-250	5 units SQ	251-300	4 units SQ
	251-300	8 units SQ	301-350	6 units SQ
	301-350	10 units SQ	351-400	8 units SQ
	351-400	12 units SQ	401-500	10 units SQ
	>400	15 units SQ and call MD	>500	Call MD

Initiate Hypoglycemic protocol for glucose <60mg/dL

Hypoglycemic Protocol	If patient is responsive and taking PO . . .	If patient is unable to take PO or failed PO glucose...
	-Give ½ cup juice or regular soda	-If glucose: 40-60 mg/dL: Give ½ amp (25 ml) D50W IV <40 mg/dL: Give 1 amp (50 ml) D50W IV -If no IV access, give 1 ml glucagon SQ/IM
	Wait 15 minutes after juice or soda	Recheck glucose 5 min after D50 or 15 min after glucagon
	If symptoms resolved, protocol is complete -If >1 hour until next meal, then give 1 of the following: 8 oz skim milk 6 crackers with 2 tablespoons of peanut butter	If patient now responsive, give 8 oz skim milk and 6 crackers with 2 tablespoons peanut butter; recheck glucose in 15 minutes.
	If symptoms still present, recheck glucose	Repeat oral treatment until glucose >80 mg/dL.
Repeat treatment x1. If glucose remains <60mg/dL, implement failed PO glucose protocol and call MD	If patient still unresponsive, draw stat blood glucose, give 1 to 2 amps D50W IV and notify MD immediately	

Nursing Guidelines	Use Diabetes flowsheet to document all glucose monitoring and insulin administration.
	Notify MD before holding any insulin doses. Call for orders to clarify insulin doses if patient NPO or receiving tube feeds.
	After hypoglycemic protocol treatment, once glucose is >80 mg/dL, give meal or snack, then give scheduled insulin.
	Do not cover HS, 3 am and postprandial blood glucose with correction insulin unless specifically ordered by the MD.

Physician Signature _____ Date _____ Time _____

Patient Sticker