



PHYSICIAN'S ORDERS

ALLERGIES: See Master Allergy Sheet

ORDERED		PHYSICIAN AND SURGEONS CLINIC – OB/GYN ROUTINE POSTPARTUM ORDERS – Page 1 of 2	TIME ORDER NOTED
Date	Time		
		DELIVERY DATE: _____ TIME: _____	
		<input type="checkbox"/> BP, pulse, respirations every 15 x 1 hour, then every 30 minutes x 2 hours; Massage fundus to firmness and check for excessive bleeding with each vital sign check and as needed	
		<input type="checkbox"/> Vital signs three times per day	
		<input type="checkbox"/> BRP with help when anesthesia worn off x 1 and as needed, except wet tap. Wet Tap: Patient to remain flat in bed 8 hours then up ad lib	
		<input type="checkbox"/> Add _____ units Oxytocin (Pitocin) to IV Fluids after delivery then _____ units Oxytocin (Pitocin) to Lactated Ringers @ 125 ml/hour until tolerating diet and stable	
		<input type="checkbox"/> If unable to void and distended, catheterize x 1; notify physician if second cath required	
		<input type="checkbox"/> Regular diet	
		<input type="checkbox"/> Daily shower beginning morning of first postpartal day and as needed	
		<input type="checkbox"/> If mother is Rh negative, institute RhoGam workup	
		<input type="checkbox"/> Cord blood study, direct coombs	
		<input type="checkbox"/> Apply ice packs to breast PRN discomfort or engorgement	
		<input type="checkbox"/> Check perineum daily. Ice packs around the clock x _____ hours	
		<input type="checkbox"/> Infant to mother when stable	
		<input type="checkbox"/> Witchhazel (Tucks) to symptomatic hemorrhoids PRN after each BM or up to 6 times a day	
		<input type="checkbox"/> Senna (Senokot) 1 tsp in ½ glass of milk x 1. If delivers prior to 7:00am, give on delivery date	
		<input type="checkbox"/> Sitz bath four times per day followed by Benzocaine 20% (Dermoplast/Americaine) spray to perineum	
		<input type="checkbox"/> Bisacodyl (Dulcolax) suppository 1 per rectum q day as needed for constipation	
		<input type="checkbox"/> Zolpidem (Ambien) 5 mg 1 tab PO every HS PRN sleep; if patient not asleep within 1 hr may repeat	
		<input type="checkbox"/> Aluminum Hydroxide / Magnesium hydroxide / Simethicone (Mylanta) 30 ml PO PRN indigestion or heartburn	
		<input type="checkbox"/> Acetaminophen (Tylenol) 325 mg 2 tabs PO every 4 hours PRN pain or headache	
		<input type="checkbox"/> Acetaminophen / Hydrocodone (Lortab) 5 mg one tab PO every 4 hours PRN lesser pain (1-4 on scale of 1-10)	
		<input type="checkbox"/> Acetaminophen / Hydrocodone (Lortab) 5 mg two tabs PO every 4 hours PRN severe pain (5-10 on scale of 1-10)	
		<input type="checkbox"/> Acetaminophen / Hydrocodone (Lortab) 7.5 mg one tab PO every 4 hours PRN lesser pain (1-4 on scale of 1-10)	
		<input type="checkbox"/> Acetaminophen / Hydrocodone (Lortab) 7.5 mg two tabs PO every 4 hours PRN severe pain (5-10 on scale of 1-10)	
		<input type="checkbox"/> Ibuprofen (Motrin) 600 mg tabs PO every 6 hours PRN pain <input type="checkbox"/> Schedule	

▼ Addressograph / Patient Label ▼



**PHYSICIAN AND SURGEONS CLINIC
OB/GYN ROUTINE POSTPARTUM ORDERS**



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ORDERED		PHYSICIAN AND SURGEONS CLINIC – OB/GYN ROUTINE POSTPARTUM ORDERS – Page 2 of 2	TIME ORDER NOTED
Date	Time		
		<input type="checkbox"/> Oxymetazoline (Afrin Nasal Spray) 2 puffs each nostril BID PRN stuffy nose	
		<input type="checkbox"/> Breastfeeding or Bottle-feeding patient:	
		<input type="checkbox"/> Hydrocortisone (Anusol HC Cream) PRN hemorrhoid pain after each BM unrelieved by Witchhazel (Tucks)	
		<input type="checkbox"/> Lanolin Cream to nipples after nursing PRN	
		<input type="checkbox"/> Wash nipples with water before and after nursing	
		<input type="checkbox"/> Breast pump, nipple shield PRN	
		<input type="checkbox"/> Ice packs to breast PRN discomfort or engorgement	
		<input type="checkbox"/> If for tubal ligation, NPO after midnight	
		<input type="checkbox"/> If NPO and needs pain medication, give Meperidine (Demerol) 50 mg IM x 1	
		<input type="checkbox"/> If NPO and needs pain medication, give Ketorolac (Toradol) 30 mg IM x 1	
		<input type="checkbox"/> If NPO and needs pain medication, give Ketorolac (Toradol) 60 mg IM x 1	
		Void on call to operating room	
		IV to keep open – continue present fluids	
		Operation permit Bilateral Tubal Ligation/Sterilization permit	
		Post for Tubal	
		<input type="checkbox"/> Meperidine (Demerol) _____	
		<input type="checkbox"/> Hydroxyzine (Vistaril) _____	
		<input type="checkbox"/> Robinul (Glycopyrrolate) _____	
		Add in holding	
		<input type="checkbox"/> Midazolam (Versed) _____	
		<input type="checkbox"/> Cimetidine (Tagamet) 400 mg by mouth	
		<input type="checkbox"/> Ranitidine (Zantac) 150 mg by mouth	
		<input type="checkbox"/> Metoclopramide (Reglan) 10 mg by mouth	
		<input type="checkbox"/> OB-GYN PRN pre-written orders	
		<input type="checkbox"/> 1000 ml Lactated Ringers with 30 units Oxytocin (Pitocin) after delivery of infant	
		<input type="checkbox"/> Discontinue Epidural catheter after delivery. Apply Neosporin to epidural site when catheter removed	
		Physician Signature: _____	
		Date/Time: _____	

▼ Addressograph / Patient Label ▼



GOLDEN TRIANGLE

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