



PHYSICIAN'S ORDERS

ALLERGIES:

ORDERED		POSTPARTUM	ORDERS	DR. WITTY	TIME ORDER NOTED
Date	Time				
		1.	Remain in LDR and transfer to postpartum per standard criteria		
		2.	Regular diet		
		3.	May have regular tray in L&D as tolerated immediately after delivery		
		4.	May ambulate with assistance		
		5.	Routine vital signs every 15 min. x 4, every 30 min. x 2; every hour x 2; then every 4 hours		
		6.	IV Fluids: D/C, IV when tolerating diet and stable		
		7.	Add 20 units of Oxytocin (Pitocin) to first bag of IV fluids (LR, 1000 ml)		
		8.	I & O every shift on floor		
		9.	Massage uterus every 15 min. x 4; every 30 min. x 2; every hour x 2; then as needed to maintain firm uterus		
		10.	Insert Foley catheter if unable to void in 4 hours		
		11.	Routine perineal care; may use warm water, Hibiclens or Betadine		
		12.	Ice pack to perineum as needed		
		13.	Sitz baths or whirlpool twice daily for episiotomy or other repair, PRN		
		14.	Dermoplast spray and Tucks pads to perineum as needed		
		15.	Pump, bind, ice pack to breasts if engorged		
		16.	H & H postpartum day #1		
		17.	Propoxyphene Napsylate/Acetaminophen (Darvocet – N 100) tabs 1-2 by mouth every 4 hours as needed for pain		
		18.	Acetaminophen 5 mg with Codeine 30 mg (Tylenol #3) tabs 1-2 by mouth every 6 hours PRN for pain, if Propoxyphene Napsylate/Acetaminophen (Darvocet – N 100) ineffective		
		19.	Lorazepam (Ativan) 0.5 mg by mouth at bedtime as needed for sleep – if not breastfeeding		
		20.	Docusate Sodium (Colace) 100 mg by mouth daily for 3 rd or 4 th degree repairs		
		21.	Placenta to pathology		
		22.	Cord Blood study of infant		
		23.	Breast binder if bottle feeding as needed		
		24.	Rhogam investigation, if mother is Rh (D) negative		
		25.	If infant is Rh (D) positive, give Rhogam if appropriate (mother does <u>not</u> have Rh isoimmunization)		
		26.	Prenatal vitamins, tab, 1 by mouth daily		
		Physician Signature: _____		Date/Time: _____	

▼ Patient Label ▼



POSTPARTUM ORDERS
JOSEPH B. WITTY, JR., M.D.