



### Diabetes Management Bundle

<b>Diet</b>	<input type="checkbox"/> 1800 C/day ADA <input type="checkbox"/> 2000 C/day ADA	<input type="checkbox"/> Tube Feeds: _____
	<input type="checkbox"/> Other: _____	<input type="checkbox"/> Free Water: _____
	<input type="checkbox"/> Consult Diabetes Educator/Clinical Nutrition	<input type="checkbox"/> NPO

<b>Glucose Monitoring</b>	<input type="checkbox"/> AC and HS (pt. taking PO)	<input type="checkbox"/> Tube Feeds:
	<input type="checkbox"/> Q 6 H (pt. NPO) <input type="checkbox"/> Q 4 H	
	<input type="checkbox"/> Q 12H	<input type="checkbox"/> Continuous - check every 6 hours
	<input type="checkbox"/> Additional check at 0300 for 3 days - Do not cover with sliding scale insulin	
<input type="checkbox"/> Additional check at 2 hours postprandial for 3 days - Do not cover with sliding scale insulin		

*\*Send STAT serum sample to lab for verification if glucose meter result is < 40 or > 400 mg/dL*

<b>Lab</b>	<input type="checkbox"/> Hemoglobin A1C with next ordered lab draw	<input type="checkbox"/> Fasting lipid panel in AM
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**Type of Insulin (choose one):**     Novolog (Aspart)     Novolin R (Regular)

<b>Sliding Scale</b>	<input type="checkbox"/> <b>Standard</b>		<input type="checkbox"/> <b>ESRD</b>	
	< 60	See hypoglycemia protocol	< 60	See hypoglycemia protocol
	61-150	No insulin	61-200	No Insulin
	151-200	3 units SQ	201-250	2 units SQ
	201-250	5 units SQ	251-300	4 units SQ
	251-300	8 units SQ	301-350	6 units SQ
	301-350	10 units SQ	351-400	8 units SQ
	351-400	12 units SQ	401-500	10 units SQ
	>400	15 units SQ and call MD	>500	Call MD

*Initiate Hypoglycemic protocol for glucose < 60mg/dL*

<b>Hypoglycemic Protocol</b>	<b>If patient is responsive and taking PO . . .</b>	<b>If patient is unable to take PO or failed PO glucose . . .</b>
	- Give 1/2 cup juice or regular soda	- If glucose: 40-60 mg/dL: Give 1/2 amp (25 ml) D50W IV <40 mg/dL: Give 1 amp (50 ml) D50W IV - If no IV access, give 1 ml glucagon SQ/IM
	Wait 15 minutes after juice or soda	Recheck glucose 5 min after D50 or 15 min after glucagon
	If symptoms resolved, protocol is complete - If > 1 hour until next meal, then give 1 of the following: 8 oz. skim milk 6 crackers with 2 tablespoons of peanut butter	If patient now responsive, give 8 oz skim milk and 6 crackers with 2 tablespoons peanut butter; recheck glucose in 15 minutes.
	If symptoms still present, recheck glucose	Repeat oral treatment until glucose >80 mg/dL.
Repeat treatment x1. If glucose remains <60mg/dL, implement failed PO glucose protocol and call MD	If patient still unresponsive, draw stat blood glucose, give 1 amp D50W IV and notify MD immediately	

<b>Nursing Guidelines</b>	Use Diabetes flowsheet to document all glucose monitoring and insulin administration.
	Notify MD before holding any insulin doses. Call for orders to clarify insulin doses if patient NPO or receiving tube feeds.
	After hypoglycemic protocol treatment, once glucose is >80 mg/dL, give meal or snack, then give scheduled insulin.
	Do not cover HS, 3 am and postprandial blood glucose with correction insulin unless specifically ordered by the MD.

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_

▼ Addressograph / Patient Label ▼



### DIABETES MANAGEMENT BUNDLE