



Diabetes Management Bundle

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|-------------|---|--|
| Diet | <input type="checkbox"/> 1800 C/day ADA <input type="checkbox"/> 2000 C/day ADA | <input type="checkbox"/> Tube Feeds: _____ |
| | <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Free Water: _____ |
| | <input type="checkbox"/> Consult Diabetes Educator/Clinical Nutrition | <input type="checkbox"/> NPO |

| | | |
|---------------------------|--|---|
| Glucose Monitoring | <input type="checkbox"/> AC and HS (pt. taking PO) | <input type="checkbox"/> Tube Feeds: |
| | <input type="checkbox"/> Q 6 H (pt. NPO) <input type="checkbox"/> Q 4 H | |
| | <input type="checkbox"/> Q 12H | <input type="checkbox"/> Continuous - check every 6 hours |
| | <input type="checkbox"/> Additional check at 0300 for 3 days | |
| | <input type="checkbox"/> Additional check at 2 hours postprandial for 3 days | |

*Send STAT serum sample to lab for verification if glucose meter result is < 40 or > 400 mg/dL

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| Lab | <input type="checkbox"/> Hemoglobin A1C with next ordered lab draw | <input type="checkbox"/> Fasting lipid panel in AM |
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Type of Insulin (choose one): Novolog (Aspart) Novolin R (Regular)

| Correction Insulin | <input type="checkbox"/> Standard | | <input type="checkbox"/> ESRD | |
|---------------------------|-----------------------------------|-------------------------|-------------------------------|-------------|
| | | < 60 | See hypoglycemia protocol | < 60 |
| | 61-150 | No insulin | 61-200 | No Insulin |
| | 151-200 | 3 units SQ | 201-250 | 2 units SQ |
| | 201-250 | 5 units SQ | 251-300 | 4 units SQ |
| | 251-300 | 8 units SQ | 301-350 | 6 units SQ |
| | 301-350 | 10 units SQ | 351-400 | 8 units SQ |
| | 351-400 | 12 units SQ | 401-500 | 10 units SQ |
| | >400 | 15 units SQ and call MD | >500 | Call MD |

Initiate Hypoglycemic protocol for glucose < 60mg/dL

| Hypoglycemic Protocol | If patient is responsive and taking PO . . . | If patient is unable to take PO or failed PO glucose . . . |
|--|---|--|
| | - Give 1/2 cup juice or regular soda | - If glucose: 40-60 mg/dL: Give 1/2 amp (25 ml) D50W IV <40 mg/dL: Give 1 amp (50 ml) D50W IV - If no IV access, give 1 ml glucagon SQ/IM |
| | Wait 15 minutes after juice or soda | Recheck glucose 5 min after D50 or 15 min after glucagon |
| | If symptoms resolved, protocol is complete - If > 1 hour until next meal, then give 1 of the following: 8 oz. skim milk 6 crackers with 2 tablespoons of peanut butter | If patient now responsive, give 8 oz skim milk and 6 crackers with 2 tablespoons peanut butter; recheck glucose in 15 minutes. |
| | If symptoms still present, recheck glucose | Repeat oral treatment until glucose >80 mg/dL. |
| Repeat treatment x1. If glucose remains <60mg/dL, implement failed PO glucose protocol and call MD | If patient still unresponsive, draw stat blood glucose, give 1 amp D50W IV and notify MD immediately | |

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| Nursing Guidelines | Use Diabetes flowsheet to document all glucose monitoring and insulin administration. |
| | Notify MD before holding any insulin doses. Call for orders to clarify insulin doses if patient NPO or receiving tube feeds. |
| | After hypoglycemic protocol treatment, once glucose is >80 mg/dL, give meal or snack, then give scheduled insulin. |

Physician Signature _____ Date _____ Time _____

▼ Addressograph / Patient Label ▼



DIABETES MANAGEMENT BUNDLE